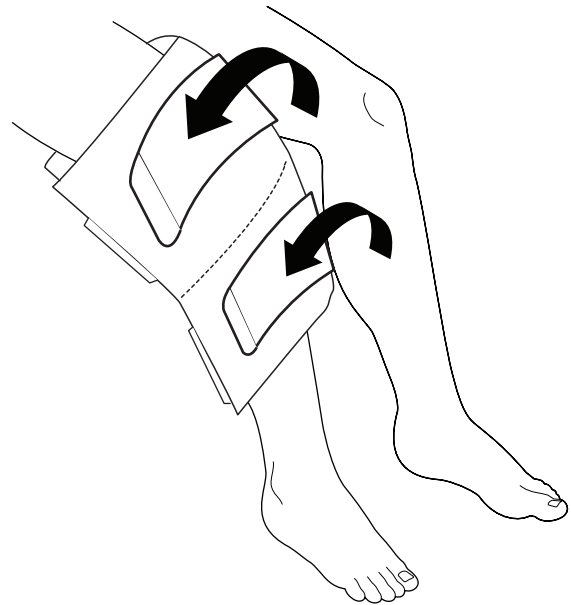
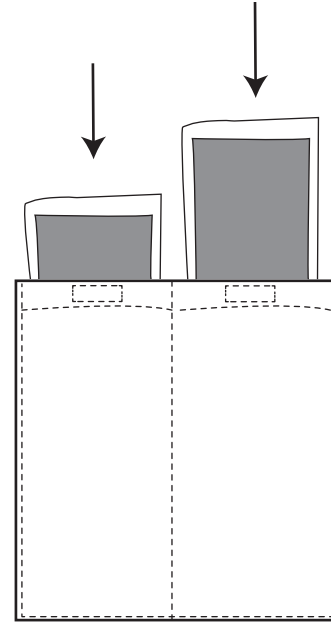


# Polar Care Gel Wrap Knee

## APPLICATION INSTRUCTIONS

1. Remove wrap and insert gel packs into pockets.  
*Note: Place gel packs into freezer until frozen*
2. Place wrap over affected knee.
3. Secure the attached straps around the knee to hold wrap in place.
4. Secure to wrap with hook tab.
5. Adjust straps accordingly for comfort.
6. Never apply a frozen or heated pack directly onto the skin.
7. Always follow your physician's or healthcare provider's specific cold therapy treatment.



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